

## English – instructions

Ulnar Deviation Orthosis

**General information** · Read the instruction carefully. The product should be fitted by a medical professional like an occupational therapist, physical therapist, orthopedic technician or a medical doctor. Patients with diabetes, circulatory problems or sensitive skin should consult their doctor before use. If the patient is allergic, check the material content under the point Material content.

**Indications** · The product has been designed to provide support to the MCP-joints. It can be used for Ulnar deviation problems as well as for inflammatory processes in the MCP-joints. It can also be used post operatively after MCP-joint replacements as well as for CVA patients to separate the fingers and to prevent pressure over the palmar area.

**Contraindications** · Patients with finger fractures should not use the splint for immobilization. Patients with edema should carefully check to the splint will not increase the swelling.

**Pre Application** · To select the right size, use the measurement chart in this instruction. Try the platform individually for the best fit.

**Adjustment** · The platform has an aluminium core that has been laminated with 100% pure neoprene. This makes the surface soft, comfortable and durable. Open the straps and place the platform on the palmar side over the MCP joints. The tabs should be bent to support the MCP-joints radially to prevent that the joint slides to the ulnar side. When the tabs have been fitted the platform can be bent like an arc over the MCP joints to recreate and support the MCP transversal arch.

**Application** · After the adjustment, open all straps and apply the splint on the palmar side, supporting the the MCP joints. Make sure that each joint is supported by one tab. Close the straps on the upper part of the hand and use the strap on the palmar side to adjust the compression to a comfort level.

**Removal of the splint** · Open the palmar strap and slide out of the platform. Close all straps when the platform is not in use.

**Material content** · The Ulnar deviation platform is made of: CR Neoprene 80%, Aluminium 10%, Polyamid 3%, Lycra 3%, Polyurethane 2%, Polypropylene 2%

**Caring instructions and precautions** · We recommend that the cover should be washed once a week. The platform can be machine washed in 40 degrees, using a laundry bag. Patients with sensitive skin, diabetes or poor circulation should be observed.

For more information consult www.mediroyal.se

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## Svenska – Instruktioner

Ulnardeviations Ortos

**Generell information** · Läs instruktionen noggrant. Produkten skall provas ut av medicinsk utbildad personal som arbetsterapeut, sjukgymnast, ortopedingenjör/tekniker eller läkare. Patienter med diabetes, cirkulationsproblem eller känslig hud skall konsultera sin läkare innan användning. Om patienten har kontaktallergier, kontrollera materialinnehållat under punkten Materialinnehåll.

**Indikationer** · Denna produkt har designats för att ge stöd åt MCP-lederna vid ulnardeviation. Den kan också användas vid inflammation i lederna, post-operativt efter ledrekonstruktion eller för CVA patienter för att separera fingrarna och förebygga tryck palmart.

**Kontraindikationer** · Patienter med frakturer skall inte använda ortosen för immobilisering. Patienter med ödem måste kontrolleras frekvent så inte ödemet förvärras.

**Före applicering** · Använd måttabellen för att välja rätt storlek. Prova ortosen individuellt för bästa storlek.

**Justering** · Ortosen har en aluminiumkärna som laminerats med 100% ren neopren. Det gör ytan både mjuk, komfortabel och behaglig. Öppna banden och placera ortosen palmart för att stödja MCP-lederna. Flikarna skall böjas individuellt så att MCP-lederna får stöd och inte kan driva ulnart. När flikarna ställs in kan också plattformen formas i en bågform för att stödja och återskapa MCP-valvet.

**Applicering** · Efter justeringen, öppna alla banden och placera ortosen palmart för att stödja MCP-lederna. Se till att varje MCP-led har stöd från en flik. Stäng banden upptill för att ställa in grundstorleken och justera slutningen kompressionen med bandet som fästs palmart.

**Avlägsna ortosen** · Öppna bandet palmart och dra av ortosen. Stäng alla band när ortosen inte används.

**Materialinnehåll** · CR Neoprene 80%, Aluminium 10%, Polyamid 3%, Lycra 3%, Polyurethan 2%, Polypropylen 2%

**Skötsel och försiktighetsåtgärder** · Vi rekommenderar att bandaget tvättas en gång i veckan i maskin 40 grader. Använd en tvättpåse eller lägg ortosen i en strumpa.

Patienter med känslig hud, diabetes eller dålig cirkulation skall alltid kontrolleras för tryckproblem eller ödem vid behandling. Patienter med allergier skall alltid kontrollera produktens materialinnehåll innan användning.

För mer information, besök www.mediroyal.se

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